



PIPELINE

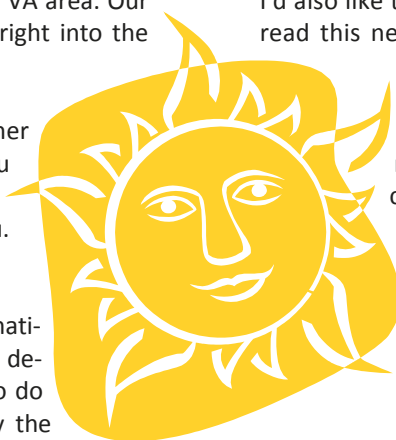


Best Wishes Sandy! New NH Area Chair: Mike M.

Sandy B., who has been our NH Area Chair this year through the Pre-Conference Assembly in March has been a dedicated, trusted servant in Area 43 for quite some time including her past positions as District 18 DCM and Area Secretary. Sandy's career has gotten a boost and she has taken an internship in the Williamsburg, VA area. Our loss is their gain as I'm sure she will jump right into the program in Virginia and get active in service.

Please join me in thanking Sandy for all of her hard work and dedication to AA! Sandy, you will be missed by many, especially those of us who have worked so closely beside you. We wish you all the best!

As your Alternate Chair I was moved automatically into the Chair position when Sandy departed on March 27, 2010. I will continue to do my best to serve AA in our Area and carry the message whenever and wherever I can. I will be nominating a candidate for the Alternate Chair position at the Post Conference Assembly on May 22nd (8am-4pm, First Baptist Church, Main Street, New London, NH – all AA



members are welcome). All those interested in serving, please E-mail me at boomboomtrucking@hotmail.com. I am always available to answer questions or to share my experience if it will help someone or benefit AA.

I'd also like to take this opportunity to ask all of you who read this newsletter to make a concerted effort to encourage sponsees and fellow members into service work. There are many committees at the District level who could do so much more to carry the message if they had more committee members and volunteers on board. Remember, service is its own reward! For me, everything I've ever put into service has always given me back more than I could have ever imagined. But don't take my word for it – give it a try and see for yourself!

Thank You for the privilege of allowing me to serve as your new Area Chair.

- *Mike M., NHAA Area 43 Chair*

Drinking Seemed to Fill the Hole...

Hello my name is Nikkea and I am an alcoholic. I am 26 years old and have been sober for over a year and a half now. I started drinking young, around 14 years old. I loved it right away. I never really felt like I fit in and drinking just seemed to fill the hole for what I thought I was missing as a young girl. It very quickly became my life - everything was about drinking and partying.

I dropped out of high school because I was jealous that I was missing parties. I was arrested a number of times before I was 18 for being drunk while under age, stealing, and assault. I got my first DWI when I was 18 years old –

and it didn't even bother me. Soon after that, I tried some geographical cures: I went out West and down South. I ruined some great friendships due to my drinking in these places and my drinking was just getting worse and worse. I didn't even know myself or realize that I was hurting my family and everyone around me. I was putting myself in harmful and scary situations on a daily basis. I barely held a job for longer than 2 weeks. I got a second DWI in my early 20's and that landed me in jail – but I still continued to drink out of control. I was so lost and thought that drinking was going to help me find my way. It was my best friend.

(Continued on page 4)

Pipeline

*A publication of the NH Area 43
Assembly of Alcoholics Anonymous.*

Email the Pipeline at
pipeline@nhaa.net

Statement of Purpose

The New Hampshire Area Pipeline will be the voice of Alcoholics Anonymous within Area 43. Its editors and staff will be primarily accountable to New Hampshire AA Area 43 as a whole. Within the bounds of friendliness and good taste, the Pipeline will enjoy perfect freedom of speech on all matters directly pertaining to Alcoholics Anonymous within Area 43. Like the AA movement it mirrors, the primary purpose of the New Hampshire Pipeline will be to try to carry the AA message to alcoholics and practice the AA principles in all its affairs.

NH Area Hotline
1-800-593-3300



NH Area Assembly Service Office

1330 Hooksett Road
Hooksett, NH 03106

Phone: 603.622.6967

Fax: 603.624.9507

Email: office@nhaa.net

Website: www.nhaa.net

Office Hours:

Mon-Fri: 10am—4pm

Sat: 10am—2pm

Promises Made, Promises Broken. Promises Kept, Promises Materialized.

Do you recall the empty promises we made before we found this new way of life? I promise I'll only have a couple! I promise to be home on time. I promise to be more responsible with our finances. I promise to not drive if I'm impaired. I promise I'll be at your game or get to your dance recital. I promise I'll quit drinking when the problem gets 'that bad'!

So we find our way to AA and some drunk we've never met before promises that if we live the 12 steps on a daily basis our lives will change for the better. Or we hear the promise that if we don't take that first drink, we'll never get drunk. Or the promise that a grateful heart will never drink. How about the promise that if you become dependent on a Higher Power, you will find true independence. A commitment, carrying AA's message, and the promise that "no matter how far down the scale we have gone, we will see how our experience can benefit others."

From our first meeting, we are promised that no matter what got us to AA, "our whole attitude and outlook upon life will change." That sponsor that promises that life will continue to have its ups and downs but in the face of any calamity or turmoil "we will comprehend the word serenity and we will know peace."

For this alcoholic the most important promises are the last two and the manner in which they impact my life on a daily basis. I have been promised that if I attend meetings of Alcoholics Anonymous with an open mind and avail myself of the experience, strength and hope that is shared, "we are going to know a new freedom and a new happiness." I'm not sure that any one of us shows up at a meeting of Alcoholics Anonymous with the express mindset of getting intuition. Invariably, however, something is said that I need to hear. I may not need to process or understand it at that exact moment. Then it happens: I am faced with something I've never experienced before. That is when intuition, defined as quick and sudden insight, manifests itself when "we will intuitively know how to handle situations which used to baffle us."

In the 12 and 12, Bill writes in step 10 that "we are today sober only by the grace of God and that any success we may be having is far more His success than ours." That sure sounds like the promise that "we will suddenly realize that God is doing for us what we could not do for ourselves." The next time you are at a meeting where the promises are read, you will be asked, "Are these extravagant promises?" How very true is the response, "We think not."

In conclusion, I only ask that you make one promise to me. Promise that the next time you see me at a meeting you will tell me just how good your life is on the basis of the promises and how they have materialized based on the work you have done.

- *With a Grateful Heart, Don H.*

Group Changes

New Meetings

District 10, Salem

Friday, 8-9:30pm

Young People's Unity Group, SD
St David's Church, 321 Main St (Rte 97)

District 12, Manchester

Sunday, 10-11am

Conscious Contact Group, DCX
Tirrell House, 15 Brook St, in basement/rear

District 17, Berlin

Wednesday, 12-1pm

As Bill Sees It, DC
United Church of Christ, 921 Main St

District 17, Lancaster

Thursday, 8-9pm

Lancaster Group, D
All Saints Catholic Church, Main St (rear entrance)
Group restarted.

District 21, Lebanon

Monday, 5:30-6:30pm

Rule 62, HD
Alice Peck Day Hospital, Conference Room A

District 21, Hanover

Friday, 5:30-6:30pm

New Beginnings, D
2 Buck Rd, Bldg J

Meeting Changes

District 7, Jaffrey

Monday, 6-7pm

Jaffrey Beginner's, SD
United Church - Parish Hall, Main St. - Rte. 124
Restarted meeting

District 9, Raymond

Tuesday, 7-8:30pm

Raymond Recovery Group, HDS
Methodist Church, Main & Wight St
Location corrected from Wright St

District 9, Chester

Wednesday, 8-9pm

Just Steps Big Book, HCBX
Stevens Memorial Hall, Rts 102 & 121
Moved from Friendship Center in Derry

District 12, Manchester

Monday, 7:30-8:30pm

Amoskeag Falls BB Study, CB
Congregational Church, 321 So Main & Milford St
Location changed from Eagles Club.

District 12, Manchester

Saturday, 8-9pm

New Life Group, HDS
Elliot Hospital Dining Room, 1 Elliot Way
End time changed from 9:15 to 9:00 pm

District 12, Manchester

Friday, 7-8:30pm

Stepping Back to Basics, CX
Gethsemane Lutheran Church, 60 Penacook St.
Address Clarified. No Handicap Access

District 14, Exeter

Monday, 12-1pm

It Works in Exeter!, DS
Congregational Church of Exeter, 21 Front St
Grp name changed from It Works!

District 15, Milton Mills

Sunday, 10-11:15am

Milton Mills Men's Mtg., DCS
Milton Mills Public Library, Main St
End time changed from 11am

District 16, Wolfeboro

Saturday, 10-11am

Coffee & Doughnuts Free, DS
Huggins Hospital, S Main St
Name changed from Coffee & Doughnuts Mtg.

District 17, Berlin

Sunday, 7-8pm

Guardian Angel Big Book, HB
Androscoggin Valley Hospital, 58 Page Hill Rd
Street number added to location

District 17, Berlin

Saturday, 10-11am

HHADAD, HDS
St Barnabas Church, Corner High & Main Sts
Location changed from St Vincent de Paul

District 17, Gorham

Monday, 7-8:30pm

Berlin Big Book Study, HX
Congregational Church, Main and Church Sts
Name changed from New Life Group

District 17, Berlin

Thursday, 7-8pm

Watch Your Step Group, HDX
Androscoggin Valley Hospital, Page Hill Rd
Time change from 7:30-9pm

District 18, Claremont

Friday, 7-8pm

Friday Nite Big Book, HDCB
Congregational Church, 72 Pleasant St
Location changed from Valley Reg'l Hospital

District 18, S Acworth

Friday, 7-8pm

Church at the Bottom of the Hill BB, HDB
Community Aid Bldg, Rte 123A
Town, location and end time changes

District 18, Charlestown

Saturday, 7-8pm

Living Sober Beginner's Mtg., HDX
Utd Church of Christ, Pine Rm, N Main St.
Grp name change, location changed from Congregational Church, no longer Speaker Mtg.

District 21, Lebanon

Wednesday, 6:30-7:30am

Back on Track Group, HD
Dartmouth-Hitchcock Med Ctr, 1 Med Ctr Dr,
Conf Rm L 2A
Conference Room changed from L 2B to L 2A

District 21, Lebanon

Thursday, 6:30-7:45pm

Literature Meeting, HDC
Dartmouth-Hitchcock Med Ctr, 1 Med Ctr Dr,
Conf Rm L 2A
*Grp name changed from Ordinary Whoopee Party,
address corrected.*

District 21, Enfield

Friday, 7-8pm

Friday Night Group, DB*S
St Helena's Church Basement, Shaker Hill Rd
Grp meeting time changed from 8-9pm

Disbanded Meetings

District 7, Jaffrey

Friday, 6-7pm

Spiritual Program of Action, DS
Calvary Assembly of God, 48 Stratton Rd

District 10, Salem

Wednesday, 7-8pm

Safe Harbor Women's Group, BC
St. David's Church, 231 Main St. (Rte. 97)

District 11, Laconia

Thursday, 5:30-6:30pm

GLBT & Free, DG
Unitarian Universalist Church, 172 Pleasant St.

District 11, Franklin

Wednesday, 8-9pm

Twin Rivers Group, DS
Unitarian Universalist Church, 206 Central St

District 13, Nashua

Friday, 7-8:30pm

Friday Night Reflections, SD
Harbor Homes, 45 High Street

District 16, Wolfeboro

Thursday, 7:30-8:30pm

Thurs Night Women's Group, HC
Huggins Hospital, S. Main Street

District 19, Troy

Thursday, 7-8pm

Troy 12 Step Group, SD
Troy Congregational Church, South Main St.

District 21, White River Jct.

Saturday, 9:30-10:30am

Saturday Grp (Step), HDCX
Turning Point Club, 35 N Main St

New Meeting List Books

Available at the Service Office
for 40¢ Each—Stop in Today!

NH Area Assembly Service Office
1330 Hooksett Road, Hooksett, NH 03106

...Filling the Hole

On July 27th, 2008, I woke up with yet another massive hangover and just wanted to die. I was scared - I knew that my drinking was killing me. I had been attempting sobriety, going to meetings here and there with mini spurts of not drinking or controlled drinking and it just wasn't working. I wanted to stop drinking so badly but just couldn't. I was sick and tired of being sick and tired. So that day I got some numbers for detox centers and started calling. I got in 4 days later.

I spent a month in detox followed by 28 days in Farnum center in Manchester. Those places saved my life. I surrendered there and started believing in a higher power. I wanted to be sober more than anything else in this world. It was life or death to me. I left Farnum and went to Angie's Place, a women's shelter in downtown Manchester. It was strict and a lot of work but it was just what I needed. I was 25 years old with a 10pm curfew but, again, I needed it. I met some amazing women during my stay there, including the woman I currently live with.



I live a life second to none today and I love being sober. I have a sponsor, I go to a ton of meetings and have so many great friends. I recently bought a car from a woman in the program because I finally got my license back after not having one for over 5 years. I have a wonderful relationship with my family today, too. My father is in the program and was a huge help to me in getting sober. I even like myself today - I can stand to be alone with in a room with myself and I do good things. All of these wonderful gifts are due to the AA program and staying sober - both of which have saved my life. I am so grateful to AA and the people in it. It's truly amazing. I don't know how I will ever give back what has been so freely given to me but I am going to keep coming and taking the suggestions. Thank you for letting me share my story!

- Nikkea H., July 27, 2008, Manchester

Donations — Thank You!

Thank you to all the groups that contributed! Your donations are critical to the continued success of AA in our Area as we carry the message to fellow alcoholics. We'll be publishing the donation list quarterly and greatly need your continued support, especially now while donations to the Area have been tapering due to the tight economy — **thank you!**

Contribute to Pipeline

- Report AA-related news from your district or the Area — round-ups, social functions, assemblies, calendar items, requests for volunteers, etc.
- Share your Experience, Strength & Hope

Send Contributions & Feedback to:

- **Email to:** pipeline@nhaa.net, or
- **Mail to:** NH Assembly Office, 1330 Hooksett Road, Hooksett, NH 03106, Attn: Pipeline

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Please Help—Subscribe!

We need at least one hundred subscriptions to make our minimum for bulk mailing and we've been coming up short. If just one more group from each district ordered Pipeline, we'll be at our goal!

Already subscribe? How about donating a subscription to a treatment center, halfway house, or correctional facility in your community?

Your support is greatly appreciated!

Group #: _____

Group Name: _____

Send to: _____

(if for group, please use GSR for the address)

Address: _____

City: _____

State/Zip: _____

Send \$6 for each group subscription (10 copies/month annually) or \$3.50 for each individual subscription (2 copies) to NHA, 1330 Hooksett Road, Hooksett, NH 03106. Thank you for your support!

Functions, Events and More!



See the enclosed calendar for all the details on what's happening in the Area!