



Pipeline



A Publication of NH Area 43 Assembly May 2007

EMOTIONAL SOBRIETY

The emotional challenges of recovery, that we are faced with long after we have stopped drinking: I made peace of mind for myself by letting go of other people and outside circumstances. I let go of my expectations and I practice "outgoing love"; a love less concerned about what I get and more with what I give. I read the St. Francis Prayer a lot and I believe it has helped me put this in action.

It isn't easy to be a long timer for me, more than it is to be a new comer. That's why I continue to go to all my different meetings to stay focused. Especially learning the steps, meetings give me the willingness to find solutions rather than stay stuck in a problem. So by having the willingness to find solutions, I can let go of fear, selfishness, and resentment and put aside selfish demands, practice outgoing love, and become more connected to my Higher Power. I like to feel that I am close to my friends, family and fellow alcoholics.

Growing up in sobriety means different things to each of us, and one's own idea of it may change over time. But one thing seems true: the rewards for reaching emotional sobriety are serenity, emotional balance, and an increased joy in living.

Sometimes I find myself leaving things out. A few years ago I took water color classes. I thought it would help with my depression. I didn't become a great painter, but now I see things, such as leaves and blades of grass and flowers and colors that I wasn't aware of before. I learned that shading a tree, what was left out was as important as the pencil lines, for the blanks create sunlight on the leaves. It seems to me that I achieve growth by leaving things out. When I don't say things sarcastically or mean. If I can delay only two seconds I have time to ask myself, "Do I really want to say that?"

When I wrote down my list of people to make to communicate with me. My mind is no longer racing to find just the perfect quip to say or story to top theirs. The fighting inside me is over, and I am so grateful for having had the chance to be a member of alcoholics anonymous. It is a miracle! And the most important item to leave out is the old me and alcohol. Without those two, life is just plain wonderful!

Women's Daytime Group,
Geri F.

Greetings From Your Service Office

Are you grateful for your sobriety? Do you have some spare time to write about your recovery? GSO in New York provides a service called Corrections Correspondence for incarcerated alcoholics who wish to correspond by mail with sober AA members. There is a desperate need for AA's to step up to the plate for this service, particularly for men. You will be matched with an inmate in another part of the country. Some members find a post office box to be useful but most use their home address; you can use the Service Office as your address if you contact us first at 622-6967. Many facilities do not have AA meetings, and your letters may be the only contact the inmate has with AA over the course of his incarceration.

We have included a Corrections Correspondence sign up form with this mailing of the Pipeline; if you're interested and don't have a form, call us and we'll be happy to mail one to you. Again, the need is especially critical for men – this is where the fellowship really needs male AA members to step up and serve.

Thank you to Geri F. of Candia, Don H. and friends, and Nancy of Manchester for their help in the office during March.

In grateful service,
Karen , Mary Anne, and Amy

Group Information

New Groups

Nashua Tuesday 7:00pm 8:00pm
 Back to Basics Harbor Homes 45 High Street

Meeting Changes

Durham Monday 12:10 PM 01:30 PM
Durham Action Group (sept-May) St. George's Church Main St-Park St
Monday meeting restarted.

Keene Thursday 5:00pm 6:30pm
Big Book Step Study Group CIA Bldg 463 Washington Street
changed start/end times.

Salem Tuesday 6:45pm 8:00pm
Salem Beginners Group American Legion Post 63 38 Millville St.
Changed group name from Windham beginners group.

Hooksett Monday 06:00 PM 07:30 PM
Womans Big Book Step Study Sarto Center 17 Londonderry Turnpike
Group location change from Springfield College, Manchester

Hopkinton Thursday 8:00pm 9:00pm
One Day At A Time Group St. Andrews Episcopal Church 354 Main Street
Changed location. Old location was Odd Fellows Hall in Contoocook

Plymouth Saturday 7:30AM 08:30 AM
Attitude Adjustment The Common Man Inn 231 Main Street
Changed Location: Old location was The Plymouth House

Plymouth Saturday 08:00 PM 09:15 PM
Saturday Night Original Plymouth Congregational Church The Commons/ Post Office Square

Disbanded Meetings

Barlett Tuesday 6PM 7PM
Program Of Recovery Intervale Farm Rte 16A, Barlett, NH

NEW MEETINGS

Back to Basics
 Beginners Meeting
 Wednesday Night
 7-8p
 Trinity Evangelical Church
 Rt 101 west,
 Peterborough

District 10
 Plaistow
 Monday 4:15p-5:15p
 Plaistow Young People Group
 Sad Café 148 Plaistow Road (rt 125)

We need your help!

We need at least one hundred group subscriptions to make our minimum for bulk mailing, and we've been short. If just one more group in each district ordered, we'd be all set! Already subscribe? How about donating a subscription to a treatment center, halfway house, or correctional facility in your community? Your support is greatly appreciated!

Group Number: _____

Group Name: _____

Send to: _____
if for group, please use your GSR for the addressee

Address: _____

Town/State/Zip: _____

Send \$6 for each group subscription (10 copies/mo annually) or \$3.50 for each individual subscription (2 copies) to NHAA, 1330 Hooksett Rd., Hooksett, NH 03106. Thank you for your support!

A Publication of the
 NH Area 43 Assembly of
Alcoholics Anonymous

Pipeline Committee:

George B Chair 361-3283

Distribution

NOBODY-Help!!

Email the Pipeline at
 nhaa@pipeline.com
 Please put "For Pipeline"
 in subject line.

Pipeline

The New Hampshire Area Pipeline will be the voice of Alcoholics Anonymous within Area 43. Its editors and staff will be primarily accountable to New Hampshire A. A. Area 43 as a whole. Within the bounds of friendliness and good taste, the Pipeline will enjoy perfect freedom of speech on all matters directly pertaining to Alcoholics Anonymous within Area 43. Like the A.A. movement it mirrors, the primary purpose of the New Hampshire Pipeline will be to try to carry the A.A. message to alcoholics and practice the A.A. principles in all its affairs.

NH Area Assembly Service Office

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Office Hours:

Mon. - Fri. - 10AM to 4PM

Saturdays - 10AM to 2PM

Website: www.nhaa.net



March Donations

THANK YOU!

ALTON BAY	ALTON BAY GROUP	\$ 31.25	NEWPORT	DISCUSSION MEETING	\$ 25.00
ATKINSON	SUNDAY 12 & 12	\$ 20.00	OSSIPEE	COME SHARE	\$ 40.00
ATKINSON	1SUNDAY 12 & 12	\$ 150.00	PELHAM	STOOLS & BOTTLES	\$ 100.00
BARNSTEAD	BARNSTEAD ORIGINAL	\$ 50.00	PETERBOROUGH	SATURDAY NITE LIVE	\$ 10.00
BARRINGTON	BARRINGTON GROUP	\$ 25.00	PETERBOROUGH	EARLY MORN. BB	\$ 300.00
BARTLETT	PROGRAM OF RECOVERY	\$ 64.00	PLAISTOW	FRIDAY NITE LIVE	\$ 60.00
BEDFORD	CLEAN & SERENE BB	\$ 25.00	PORTSMOUTH	SUN MORNING DAYBREAK	\$ 50.00
BEDFORD	HOW TO 12 & 12	\$ 10.00	PORTSMOUTH	GOOD MORN. PORTSMOUTH	\$ 60.00
BERLIN	GUARDIAN ANGEL BIG BOOK	\$ 30.00	PORTSMOUTH	LADIES STEP MTG	\$ 25.00
BRISTOL	NEWFOUND LAKE GRP	\$ 20.00	PORTSMOUTH	EYEOPENER GROUP	\$ 20.00
CENTER OSSIPEE	BACK TO BASICS	\$ 40.00	PORTSMOUTH	12 & 12 BYOB	\$ 130.00
CONCORD	YOUNG PEOPLES MEETING	\$ 40.00	PORTSMOUTH	EARLY BIRDS GROUP	\$ 300.00
CONCORD	WEDNESDAY NOON BB	\$ 25.00	RYE	RYE RECOVERY	\$ 10.00
CONWAY	KEEP IT SIMPLE	\$ 15.00	SALEM	SALEM NOONTIME GROUP	\$ 225.00
DERRY	DERRY ORIGINAL GROUP	\$ 10.00	SALEM	GENESIS 12 STEP GROUP	\$ 26.70
DERRY	DERRY WOMEN'S GROUP	\$ 40.00	SANBORNVILLE	SANBORNVILLE GROUP	\$ 25.00
DOVER	BROWN BAGGERS MEETING	\$ 200.00	TAMWORTH	BAIGIS GROUP	\$ 15.00
DOVER	SAT. NITE COMMITMENT	\$ 15.00	WARNER	WARNER GROUP	\$ 60.00
DOVER	WEDNESDAY NOON GROUP	\$ 5.25	WEARE	FIRST THINGS FIRST	\$ 20.00
DOVER	SUNDAY NOON	\$ 50.00	WOLFEBORO FALLS	NOONTIME GROUP	\$ 50.00
EPPING	AMETHYST 12 & 12 GROUP	\$ 16.80	DISTRICT 16		\$ 150.00
EPPING	LIVING BY THE BOOK	\$ 8.00	DISTRICT 14		\$ 500.00
EXETER	WOMEN'S SUNDAY SERENITY	\$ 46.65	DISTRICT 15		\$ 380.00
FARMINGTON	FARMINGTON STEP GRP	\$ 20.30			
HAMPTON	MENS BARE FACTS & BRASS TACKS	\$ 45.00			
GONIC	WOMEN IN NEED OF SOBRIETY	\$ 10.00			
HAMPSTEAD	HAMPSTEAD ANGELS	\$ 13.40			
HILLSBORO	HILLSBORO ORIGINAL	\$ 41.00			
KEENE	FRIDAY NIGHT GROUP	\$ 103.00			
KITTERY	THERE IS A SOLUTION	\$ 52.20			
LACONIA	TUES NITE 12 STEP GROUP	\$ 60.00			
LACONIA	SATURDAY NITE ALIVE	\$ 25.00			
LACONIA	AS BILL SEES IT	\$ 20.00			
LISBON	OPEN DISCUSSION	\$ 25.00			
LITTLETON	OUT TO LUNCH BUNCH	\$ 64.89			
MANCHESTER	HEARD THROUGH THE GRAPEVINE	\$ 10.00			
MANCHESTER	THERE IS A SOLUTION	\$ 200.00			
MANCHESTER	FIRST LIGHT OF DAY	\$ 150.00			
MANCHESTER	MENS 12 STEP INTRO	\$ 75.00			
MANCHESTER	QUEEN CITY GROUP	\$ 50.00			
MANCHESTER	SUNDAY SERENITY	\$ 25.00			
MANCHESTER	OVER 50 GROUP	\$ 70.00			
MANCHESTER	FREE AT LAST	\$ 40.00			
MANCHESTER	HARD HAT GROUP	\$ 43.85			
MILFORD	SOUHEGAN SUNRISE	\$ 125.00			
MILFORD	NEW HORIZONS GROUP	\$ 16.00			
MOULTONBORO	WINNIE'S WOMENS GRP	\$ 30.00			
MOULTONBORO	OLD FARM 12 STEP GRP	\$ 25.00			
N. CONWAY	FRIDAY NIGHT GROUP	\$ 6.00			
NASHUA	PECULIAR MENTAL TWISTS	\$ 100.00			
NASHUA	TERRACE GROUP	\$ 50.00			
NASHUA	SO NASHUA TODAY GROUP	\$ 15.00			
NEW LONDON	TRADITIONS MEETING	\$ 20.00			

RULE # 62

Q: Why is there no AA softball team?
A: because we'd all be out in left field

Help Wanted

Distribution Chair

Duties : enables the processing of the Pipeline for mailing with a group of volunteers

Hours : 10:30-12 noon on the last Weds. Of the month

Rewards: Fellowship and Service

Contact Service Office or email nhaapipe@yahoo.com

Missing the calendar insert!!!

It is not here because the Pipeline Committee can get no one with Excel to help and until we do the format as in this issue will stand

Calendar of Events for May 2007

- 1st Literature/ Grapevine Committee 7pm
 2 District 19 6:30p St James Church Keene
FUNCTION COMMITTEE 7P
 3 District 7 7p Monadnock Comm. Hosp, Peterborough
 District 15 7p Congregational Church, Barrington
 5th **District 16 Spring Breakfast**
New Life Group 23rd Anniversary
 6th District 20 8:10p Congregational Church, Conway
Littleton Original Sunday Night Grp 35th Anniversary
 7th District 9 7P West Side Community Ctr, Derry
 District 18 6:15p Assumption Hall, Newport
 District 21 6p Lebanon Public Library, Lebanon
 9th District 8 6:30p Wesley Methodist Church, Concord
 District 17 7p Baptist Church, Whitefield
 10th District 16 7p Baptist Church, Wolfeboro
PIPELINE COMMITTEE 7p
PI/PCP COMMITTEE 1p
 12
 14 District 14 7p Kittery Youth Connection, Kittery, ME.
 15 **SERVICE OFFICE COMMITTEE 6:30p**
FINANCE COMMITTEE 7:30p
 16 District 13 7p YMCA, Merrimack
 17 District 10 7p St. David's Church, Salem
 19th **POST CONFERENCE ASSEMBLY, District 12/ Manchester**
 20th District 12 6p St Raphael Church, Manchester
 29th District 11 7p Community Church, New Hampton
 30th **PIPELINE DISTRIBUTION 10:30a**

District 16 Spring Breakfast May 5th 2007

First Congregational Church
 Wolfeboro
 Rat 109 next to Brewster Field
 Pancakes, Eggs Sausages and fellowship
 7:30-9am
 9:00am-10am speaker meeting with raffle

New Life Group Celebrates it 23rd Anniversary May 5th

7p-8p Pizza and Fellowship
 8p-9:15p Meeting
 Elliot Hospital Cafeteria
 Manchester

Littleton Original Sunday Night Group 35th Anniversary St Rose of Lima Church High St Littleton, NH Sunday May 6th 2007

5:30-6:30p Coffee Hour
 6:30-7:30p Pot Luck Supper
 7:30-9:00p Guest Speakers
 Bring a dish to share if you can:
 If not Please Come Anyway!!

AREA ASSEMBLY

Post Conference
 Saturday May 19th

St Raphael's Parish Hall
 3rd and Ferry Sts., Manchester

- 8-9a Registration
 8-12 Delegate Report on Conference
 12 noon Lunch & Bookie Swap
 1-4p Officer Report & Area Business

Heard at Meetings

I've put my drinking career so far behind me
 that's it's just around the corner

MOUNTAIN TOP MEETINGS

South Pack Monadnock 11th Step Meeting

1st Sunday of every Month /April-October
 5pm at the Summit
 \$2.60 Park Entrance Fee
 Hike or Drive to Top

Mt Kearsarge Gratitude Meeting

2nd Sunday of the Month/May – October
 7:30 a, at the Summit
 \$3 park entrance fee
 Hike up from Warner or Wilmot