

God, Grant me the
Serenity to accept the
things I Cannot change, the
Courage to change The
things I can, and the
Wisdom to know the
difference.

Pipeline



A Publication of NH Area 43 Assembly 11/2006

AS BILL SEES IT ON GRATITUDE

29

Gratitude should Go Forward

"Gratitude should go forward rather than backward.

" In other words, if you carry the message to still others, you will be making the best possible repayment for the help given you

<<<<<<>>>>>>

No satisfaction has been deeper and no joy greater than in a Twelfth Step job well done, to watch the eyes of men and women open with wonder as they move from darkness into light, to see their lives quickly fill with new purpose and meaning and above all to watch them awaken to the presence of a loving God in their lives—these things are the substance of what we receive as we carry A.A.'s message

1. LETTER, 1959.
2. TWELVE AND TWELVE

168

Accepting God's Gifts

"Though many theologians hold that sudden spiritual experiences amount to a special distinction, if not a divine appointment of some sort, I question this view. Every human being, no matter what his attributes for good or evil, is a part of the divine spiritual economy. Therefore, each of us has his place, and I cannot see that God intends to exalt one over another.

"So it is necessary for all of us to accept whatever positive gifts we receive with deep humility, always bearing in mind that our negative attitudes were first necessary as a means of reducing us to such a state that we would be ready for a gift of positive ones via the conversion experience. Your own alcoholism and the immense deflation that finally resulted are indeed the foundation upon which your spiritual experience rests.

LETTER, 1964

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Built by the One and the Many

We give thanks to our Heavenly Father, who, Through so many friends and through so many means and channels, has allowed us to construct this wonderful edifice of the spirit in which we are now dwelling—this cathedral whose foundations already rest upon the corners of the earth.

On its great floor we have inscribed our Twelve Steps of Recovery. On the side walls, the buttresses of the A.A. Traditions have been set in place to contain us in unity for so long as God may will it so. Eager hearts and hands have lifted the spire of our cathedral into its place. That spire bears the name of Service. May it ever point straight upward toward God.

<<<<<<>>>>>>

"It is not only to the few that we owe the remarkable developments in our unity and in our ability to carry A.A.'s message everywhere. It is to the many; indeed, it is to the labors of all of us that we owe these prime blessings."

1. A.A. COMES OF AGE, P. 284
2. TALK, 1959



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Loving Advisers

Had I not been blessed with the wise and loving advisers, I might have cracked up long ago. Doctor once saved me from death by my alcoholism because he obliged me to face up to the deadliness of that malady. Another doctor, a psychiatrist, later on helped me save my sanity because he led me to ferret out some of my deep lying defects. From a clergyman I acquired the truthful principles by which we A.A.'s now try to live.

But these precious friends did far more than supply me with their professional skills. I learned that I could go to them with any problem whatever. Their wisdom and their integrity were mine for the asking.

Many of my dearest A.A. friends have stood with me in exactly this same relation. Oftentimes they could help where others could not, simply because they were A.A.'s

GRAPEVINE, AUGUST 1961

Happy Thanksgiving

Pipeline

A Publication of the
NH Area 43 Assembly of
Alcoholics Anonymous

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Email the Pipeline at
nhaaPIPE@yahoo.com
Please put "For Pipeline"
in subject line.

Pipeline

Statement of Purpose

The New Hampshire Area Pipeline will be the voice of Alcoholics Anonymous within Area 43. Its editors and staff will be primarily accountable to New Hampshire A. A. Area 43 as a whole. Within the bounds of friendliness and good taste, the Pipeline will enjoy perfect freedom of speech on all matters directly pertaining to Alcoholics Anonymous within Area 43. Like the A.A. movement it mirrors, the primary purpose of the New Hampshire Pipeline will be to try to carry the A.A. message to alcoholics and practice the A.A. principles in all its affairs.

NH Area Assembly

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Mon. - Fri. - 10AM to 4PM

Saturdays - 10AM to 2PM

Website: www.nhaa.net



Group Information

New Groups

!

Dist

- | | | | |
|----|-----------------------------------|----------|--------------------|
| 7 | Jaffrey | Tuesday | 8:00p-9:00p |
| | Men's Big Book Study | | |
| | 1 st Church of Jaffrey | | Meeting House Rd |
| 12 | Manchester | Thursday | 7:30p-8:30p |
| | Share the Miracle | | |
| | Cypress Center | | 401 Cypress Street |
| 13 | Nashua | Thursday | 7:00p-8:00p |
| | Sober and Free | | |
| | Southern NH Medical Ctr | | 29 Northwest Blvd |

Meeting Changes

- | | | | |
|----|------------------------------|----------|--|
| 8 | Concord | Thursday | 7:30p-9:00p |
| | Crazy in A.A. Young People's | | (address & time change) |
| | Concord Unitarian | | 274 Pleasant Street |
| 8 | Concord | Tuesday | 6:00p-7:00p |
| | Young People's Meeting | | (moved from Rm #317, Sweeney Hall Bld B) |
| | NHTI Student Center, | | 2 nd flr Rm SC225 |
| 9 | Hampstead | Tuesday | 7:00p-8:00p |
| | Hampstead Tuesday Night | | (Time change from 7:30p-9:00p) |
| | St. Christopher's Church | | East Road |
| 13 | Nashua M-F | | 6:00a-7:00a |
| | Early Birds | | (Time change but still meets at 6:30a on Saturday) |
| | St Joseph's Church | | 172 Kinsley Street |
| 14 | Portsmouth | Thursday | 10:00a-11:00a |
| | Eye Opener Group | | (Addr clarification St address added) |
| | St Catherine's Church | | 845 Woodbury Ave |

Subscribe to your Pipeline!

We need at least one hundred group subscriptions to make our minimum for bulk mailing, and we've been short. If just one more group in each district ordered, we'd be all set! Already subscribe? How about donating a subscription to a treatment center, halfway house, or correctional facility in your community? Your support is greatly appreciated!

Group Number: _____

Group Name: _____

Send to: _____
if for group, please use your GSR for the addressee

Address: _____

Town/State/Zip: _____

Send \$6 for each group subscription (10 copies/mo annually) or \$3.50 for each individual subscription (2 copies) to NHA, 1330 Hooksett Rd., Hooksett, NH 03106. Thank you for your support!

Donations to Area 43

THANK YOU!

ALTON BAY	ALTON BAY GROUP	\$30.55
AMHERST	BEDFORD BB STEP STUDY	\$61.25
BARNSTEAD	BARNSTEAD ORIGINAL	\$75.00
BARRINGTON	BARRINGTON GROUP	\$4.95
BEDFORD	HOW TO 12 & 12	\$50.00
BELMONT	BELMONT ORIGINAL	\$26.20
BERLIN	BERLIN FRIDAY NIGHT	\$30.00
BRENTWOOD	KINGSTON 12 & 12	\$129.00
CONCORD	NEW WOMENS STEP GRP	\$49.97
CONCORD	DAILY REFLECTIONS	\$25.00
CONCORD	AS BILL SEES IT	\$25.00
CTR CONWAY	COME AS YOU ARE	\$5.75
DERRY	LET IT HAPPEN	\$20.00
DERRY	DERRY ORIGINAL GROUP	\$10.00
DOVER	DOVER ORIGINAL	\$10.00
DOVER	EYE OPENER GROUP	\$75.00
DOVER	WEDNESDAY NOON GROUP	\$8.50
DOVER	SAT. NITE COMMITMENT	\$50.05
EXETER	EXETER BIG BOOK	\$88.00
EXETER	EXETER SERENITY	\$45.00
EXETER	EXETER MONDAY NIGHT	\$200.00
EXETER	AS BILL SEES IT	\$78.00
HAMPTON	EYE OPENER GROUP	\$31.00
HOPKINTON	ONE DAY AT A TIME	\$75.00
KEENE	ON AWAKENING	\$70.00
KITTERY	KITTERY ORIGINAL	\$100.00
KITTERY	WHAT'S GOOD ABOUT TODAY	\$540.00
LACONIA	FRIDAY NITE MEN'S	\$30.00
LACONIA	FIRST STEPPERS	\$40.00
LACONIA	TUES NITE 12 STEP GROUP	\$60.00
LACONIA	SATURDAY NITE ALIVE	\$25.00
LACONIA	UP CLOSE & PERSONAL	\$30.00
LACONIA	AS BILL SEES IT	\$10.00
LEBANON	WED NIGHT STEP MTG	\$60.00
LITTLETON	THURSDAY STEP GROUP	\$12.00
MANCHESTER	ORIGINAL HAPPY HOUR WEST	\$308.00
MANCHESTER	OVER 50 GROUP	\$35.00
MANCHESTER	WOMENS NEW BEGINNINGS	\$50.00
MANCHESTER	FIRST LIGHT OF DAY	\$150.00
MANCHESTER	FREE AT LAST	\$40.00
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MANCHESTER	LADIES NITE OUT	\$75.00
MANCHESTER	NEW LIFE GROUP	\$23.00
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N. CONWAY	FRIDAY NIGHT GROUP	\$75.00
NASHUA	EARLY BIRD GROUP	\$30.00
NASHUA	BIG BOOK 12 STEP STUDY	\$108.00
NASHUA	TUESDAY NITE TRADITIONS	\$20.00
NASHUA	SO NASHUA TODAY GROUP	\$50.00
NASHUA	REMEMBER WHEN GROUP	\$50.00

Greetings From Your Service Office

In AA halls across America, November is widely viewed as "Gratitude Month." Gratitude is a feeling most AAs have experienced in their recovery, but how do you express it? Some members share in our meeting halls how they feel, hoping that their words will give a struggling alcoholic hope. Others channel their gratitude into good works, becoming active in service.

Some members express their gratitude by making personal donations to the fellowship. In addition to the money you toss in the basket at meetings, you can also donate directly to your district, Area, or GSO. In fact, GSO encourages people to make birthday donations – usually a dollar for each year you've been sober – to help support the services that GSO provides. Birthday envelopes are available at the Service Office. (According to our seventh tradition, AA does not accept money from outside sources, nor does it accept any donation over \$2,000 from any individual AA member.)

Any AA member can make a gratitude donation – just mail a check to the service entity you wish to support or throw extra money into the basket at your favorite meeting. Such a contribution acknowledges in a small way the gift of recovery.

Thank you to Geri F. of Candia, and Don H. and Sharon of Manchester for their help in the office.

In grateful service,
Karen, Mary Anne and Sandy

*November Walk - In Special
at the Service Office*

*The Best of the Grapevine
any Volume*

*Was \$7.95
on sale*

\$7.00

**LONG-TIMERS, OLD-TIMERS
MEETING**

*1st Saturday of each Month
First Light of Day Group*

2 speakers with over 20 years of continuous
sobriety

Group Donations Cont

NEWPORT	LOOK IT UP BIG BOOK	\$25.00
NORTH CONWAY	MON NIGHT BIG BOOK	\$10.00
NOTTINGHAM	NOTTINGHAM ORIGINAL	\$100.00
PELHAM	PELHAM BIG BOOK	\$1.55
PETERBOROUGH	EARLY MORN. BB	\$150.00
PLAISTOW	FRIDAY NITE LIVE	\$60.00
PLYMOUTH	WOMEN'S MEETING	\$15.00
PORTSMOUTH	EYEOPENER GROUP	\$25.00
PORTSMOUTH	SUN MORNING DAYBREAK	\$50.00
PORTSMOUTH	REBORN GROUP	\$5.00
RYE	RYE RECOVERY	\$10.00
STRAFFORD	BOW LAKE GROUP	\$84.00
TAMWORTH	BAIGIS GROUP	\$10.00
WARREN	LIVING SOBER GROUP	\$38.60
WOLFEBORO	COFFEE AND DOUGHNUTS	\$20.00

**60th Anniversary
Queen City Friday Night**

December 1st 2006

6:30 p - 11:30p

Potluck

Meeting 8-9p

Dance 9-11:30p

**Congregational Church
Union & Hanover St
Manchester, NH**

You Have a Stake in the Future of AA

IF AA were to be defined in the vernacular, it might be called a blend of principle and practice which packs a terrific kick but causes no hangovers because it has been distilled from the essence of experience.

The great majority of us—in fact, all except two—who have gained sobriety through AA are the beneficiaries of the experience of those who preceded. Paradoxically, we also continue to benefit from the experience of those who came in with us and those who have followed. One of the chief reasons why AA works is undoubtedly the fact that it offers a minimum of theory and a maximum of very practical experience, and that every member can share in a free flow of the experience throughout the movement.

AA experience can be found in two priceless packages. One is the 12 Steps and the other is the 12 Points of Tradition, and the Traditions seem to have the same important relationship to the movement that the Steps do to the individual member in his personal Program of Recovery. I think, therefore, that we should make the 12 Points of Tradition as dynamic a force in the movement as the 12 Steps.

The Traditions are the essence of the experience of the groups and the movement. They were written by Bill in an attempt to distill and condense into usable form the knowledge that the groups and individual members have accumulated over the past 11 years—since the 12 Steps were formulated and the Traditions begun. The Traditions are a pattern of practical experience, a guide that will spare others many headaches. The course of action and policy set forth so simply in the 12 Points of Tradition would steer the AA movement past dangerous rocks and shoals, and keep the groups moving in a safe direction. We and all who follow us into AA have a great stake in the future of AA; let's follow the course that experience has charted.

So, I propose that we give more attention to the existence of the 12 Points of Tradition; that at least once a year all of the groups devote at least one meeting to a discussion of the Traditions. Let's try to make the 12 Points of Tradition, now conveniently available in pamphlet and condensed form, as prominent in our activities as the 12 Steps and the Big Book. Let's keep the Traditions alive and at work daily.

The suggestion made in the accompanying letter that special attention be given once a year to the 12 Points of Tradition is being passed on by General Service Office to all group secretaries.

A further suggestion is also being made that all groups might wish to designate the week of Thanksgiving each year as AA Tradition Week and during this week hold one meeting exclusively on the Traditions.

If the groups respond to the idea, special material on the Traditions will be sent out from the General Service Office to all groups. Material also will be made available to all group publications wishing to give the event special mention.

T. D. Y.

Grapevine
Vol 6 No.6&
Nov 1949

Attitude Adjustment

Step 11 - Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

“And let’s always remember that meditation is in reality intensely practical.” Twelve Steps and Twelve Traditions, p. 101

If I’d been instructed to pray and meditate, and then to wait around for however long it took to see some results, it’s not likely I’d still be doing it. That’s not me. I’m not results-oriented necessarily, just untrusting, impatient, and scornful of magical thinking. I need to see some immediate connection between my actions and their results, even though, in twelve years of sobriety, I’ve come to accept that the results are mostly out of my hands.

So the claim that meditation and prayer are intensely practical caught my attention in the beginning. I became willing to try something I didn’t understand or believe in for the intensely practical reason that, on my own, I couldn’t stop drinking. My sponsor insisted that prayer and meditation could enlist a power greater than myself in my efforts. I tried it, didn’t understand it, didn’t believe in it. And it worked anyway: I stopped drinking. I wasn’t the only one in my life who noticed this practical result. My immediate family—with whom I share a good deal of intellectual arrogance and emotional insecurity—were relieved to see me sober, but equally skeptical that my “religious conversion” would last any longer than the few months I’d previously devoted to any of a dozen other passing fancies.

Twelve years later my arrogant family is still skeptical but trusting that this prayer business keeps me out of trouble. And I believe in prayer but still don’t understand it. I’ve seen enough intensely practical results to give the devil himself pause to reconsider his convictions. Yet I still forget. This practice makes extraordinary things happen in my life that, when I’m not paying attention, appear ordinary. Precisely because they are practical, the results of my prayers are often easy to miss or misinterpret. So I need reminding.

Yesterday at work, for instance. A small task I performed (outside the purview of my job) corrected a mistake my supervisor had made. Instead of thanks, my effort received a written reprimand for stepping out of bounds. After thinking over the situation, I apologized for not consulting said supervisor first, admitting where I’d been wrong, but secretly expecting thanks in return for saving this person some trouble. None was forthcoming. I was warned not to cross the boundary again. Fellow employees smirked, knowing that the new guy—Mr. Sure-I’ll-do-that—had had his hand slapped.

Something I’ve learned from my inventories is that, given a resentment to work on, my mind has a life of its own. This one set the mental gears churning. I knew two things would work to turn off the mental noise: First, saying out loud to another sober alcoholic all the crazy things my mind was

working over; second, out-shouting the mental grumbling with prayer. The latter seemed a practical solution under the circumstances. I went back to work, with the Serenity Prayer and my resentment toward my supervisor cranking at equal volume on my brain.

I wasn’t paying attention to the content of the Serenity Prayer, just repeating it for the comfort of its sound. But in retrospect I see that, fancy diction aside, it is an unqualified and uncompromising demand. There is not humble consideration for “if it be Thy will,” or “in Thine own time” in this prayer. One might just as well say, “Hey Big Guy! How about some serenity, courage, and wisdom so I can make a few changes down here? And I don’t mean tomorrow.”

In this light, I understand better why I took to the prayer right from the beginning of my sobriety. I also understand why my Higher Power keeps a special place in his heart for alcoholics—the same way I do for little children and wild animals.

Back on the job, about two hours later, still grumbling and mumbling, I rounded a corner of my workplace and nearly walked into a man I knew from AA but hadn’t seen for three years. In the few minutes we both could spare from work, we caught each other up on recent events. I heard myself telling him about some extraordinarily fortunate things that have happened in my life these past few years. And I didn’t fail to notice that, when I went back to work, I felt much better and the cement mixer in my mind had ground to a halt. I went directly from work to my weekly Step study group where we were reading Step Eleven. When we came upon the passage about meditation and prayer being intensely practical, the recognition struck that I’d been too busy to notice.

I’d been disturbed by what I considered to be the unfairness of life. I’d said the Serenity Prayer over and over—in essence a direct request to God to grant me serenity, courage, and wisdom. As in all my experience, God didn’t reach down and inject me with what I thought I needed. Instead I was given an opportunity to take some action. Without realizing what I was doing, I recounted a substantial and growing gratitude list to an old acquaintance from the Fellowship. I noticed that I felt better afterward. I probably worked better too.

I’ve seen quicker and more dramatic results with some of my prayers, never for material things, but frequently for the spirit and attitude I need to stay in touch with life’s abundance and opportunity. This I’ve found to be intensely practical. With an open mind and loving heart I never fail to see that I’ve been provided more than enough for a life of meaning, dignity, freedom, usefulness, and hope. Practically speaking, it’s a life second to none.

Anonymous
York Harbor, Maine

***Kingston & Brentwood
12 & 12***

***Anniversary Night
Wednesday November 22nd
6:00 pm to 9:30 pm
Food and Great Speakers***

***Pilgrim Church
197 Middle Rd (rte 111a)
Brentwood, NH***

Alcothons

District 8
Dec 25th 6a-8p
West Street Ward House
41 West St, Concord

District 10
Dec 31st 6p-12m
at St Joesph Church 40 Main St
St Julies Hall

District 11
Dec 24 8pm- Dec 25 th 6pm
Congregational Church , Veterans Square

District 12
Dec.24th 6pm to Dec 25th 6pm
at Springfield College
500 commercial street Manchester
Building is handicapped accessable.elevator in the back.
ample parking

District 14
Home of the 30 hour Alcothons
Thanksgiving Nov 22 6p - Nov 23 midnight
Christmas Dec 24 6p - Dec 25 midnight
New Years Dec 31 6p - Jan 1st 11:59
Meadobrook Inn
Portsmouth Traffic Circle Rt 1, I-95, Rt 4& Rt 16

District 15
Nov 22nd 9pm - Nov 23 7pm
at the Triangle Club
Broadway, Dover
Watch for details for christmas and New Years

20th Anniversary Meeting
Living Sober Group
Sunday , November 19th ,2006

Masonic Hall, Potter Place
Cilleysville Road
Andover, NH

Two Great Speakers
Coffee 9a to 10a
Meeting 10a to 11:15 a
Buffet: 11:15 a to Noon
Potluck meal bring a dish to share!

Dover Original Group
Celebrates it's
55th Anniversary

Thursday , Nov 2nd 2006
6:30-7:30p.....Food
7:30-9:00p.....Speakers
9:00-10:00p....Social Time

St Thomas Church
Locust St. , Dover
(across from Library)

FMI or Directions
Contact
Sue M. 603-749-2771

Special
New Hampshire Area
Convention

Mugs on sale

\$3.00

great gifts for Christmas, [Anniversaries](#)

or raffle prizes

contact: Burt K

Grapevine / [Literature](#)

First Friday Pasta Suppers

The Bow Lake Group will resume their First Friday Pasta Suppers beginning on September 1, 2006. Join us on the First Friday of every month at 6:30 PM for good food and fellowship, followed by a meeting at 7:30 PM. And of course join us every other Friday at 7:30 PM for our regular meeting. There is no charge for dinner. We meet at the Bow Lake Baptist Church on Route 202A in Strafford, NH.

Kingston Men's Group
20th

Anniversary / Potluck
November 14, 3006 at 8pm
Kingston Community Church

Short meeting and Potluck Supper
Family and Friends Invited!

WRITE FOR YOUR PIPELINE!

We'd love to print your article, if you'd send it in. Pick any topic related to alcoholism or recovery in AA, and put your thoughts to paper! Mail it to the Service Office, attn Pipeline, either snail mail or e-mail! Please, 10 - 250 words, and give us a way to contact you. Sorry, no poetry.